



Triumph IAS

An Institute for Civil Services Examination & Expert Guidance for IAS

Innovating Knowledge. Inspiring Success

“Write to Learn & Learn to Score”

ESSAY for IAS

UPSC - CSE Mains 2018

Under Personal Guidance of

VIKASH RANJAN

(Author, “Fundamentals of Sociology”, “Applied Sociology”)

Test No.

Centre of Exam

Candidate Name

Total Marks Total Time

Date of Exam

Reg. No.

Signature of Candidate

Class Room Distance Online

THEME : INDIAN SOCIETY CULTURE & CIVILIZATION

Write one essay from each Section of the following Topics.

Section-A

1. New India: Aspirations for global leadership.
2. Gender Equality -Turning Promises into Reality.

Section-B

3. There is enough for everyone's need but not for anyone's greed'.
4. The Khelo India: Developing sporting culture in India.

Signature of Examiner

www.triumphias.com
 [triumphias/facebook.com](https://www.facebook.com/triumphias/)
 info@triumphias.com

☎ 7840888102 ☎ 8586861046
23-B, 3rd Floor Pusa Road, Metro Pillor No. 115,
Old Rajender Nagar, New Delhi-110060



Triumph IAS

An Institute for Civil Services Examination & Expert Guidance for IAS

Innovating Knowledge. Inspiring Success

INSTRUCTIONS

Essentially an essay consists of three Major Parts :

- ❖ The Introduction
- ❖ The Main Body
- ❖ The Conclusion

The Introduction is intended to lead the reader into the topic and clarify what the essay will specifically deal with. It usually consists of one paragraph, but this depends on the length of the Essay and amount of background information the context requires. The introduction will contain a key sentence (or, if necessary, more than one) that represents the thread running through the whole essay. This sentence is called the thesis statement.

The Main body deals with the major ideas that support the thesis statement. Each main idea is presented in a separate paragraph ("One Notion, One Paragraph") and developed with supporting ideas in the form of explanations, definitions, or similar, and illustrated with examples where appropriate or necessary.

The conclusion brings the reader back to the purpose of the essay and draws all the points together before making a final comment on the result of the discussion / argument. Often this final comment will point towards some consequence the discussion may have for the future or make some observation about what the discussion has revealed on a general level.

Ultimately an Essay will show a progression from a general level (in the introduction) down to the specific (thesis statement and body) and back up to the general level again (conclusion). The reader will be expecting this so it gives your essay a sense of completion.

Get the Balance Right

You probably know that all Essays should have an introduction, body and conclusion. Less well known is that the balance of these elements is crucial. A good rule of thumb is:

Introduction: 10%

Body: 80%

Conclusion: 10%

If you get these elements out of balance you generally have a poor Essay.

Important: Have a Thesis (statement)!

An Essay is a waste of time to read if it does not have a thesis. It **MUST** have one.

This is something that most students have trouble with. A "thesis" means a personal point of view on a topic that you have argued for.

Often students are frightened about having their own point of view. However, there is nothing to be worried about. It does not mean that their point of view must be completely original; often they can find references in the library where other people argued for the same idea that the student shares.



www.triumphias.com



[triumphias/facebook.com](https://www.facebook.com/triumphias)



info@triumphias.com

7840888102  **8586861046**

23-B, 3rd Floor Pusa Road, Metro Pillor No. 115,
Old Rajender Nagar, New Delhi-110060

Essay Topic :

TOPIC : GENDER EQUALITY: TURNING PROMISES INTO REALITY

According to one of UN Reports of 1970's "women constitutes half of the global population, contributes ~~one~~ two third in working hour and ~~two~~ one third in labour force but receives only one tenth of income and hold one hundredth of the property". This

above report clearly manifests the depth of gender disparity present in 1970's

But today even at the end of two decades inclusion of gender equality

as a goal (SDG 5: Gender Equality) under sustainable development goals ~~is yet to~~ to be achieved till 2030, reflects the

long road yet to travel & to turn the promise into reality.

gender equality as a concept means giving women their legitimate share based on their capabilities and to treat them as per

not only women but all three genders in social, men, women Transgender

Equality of status, opportunity & rights

with men. Gender has a social origin
 unlike sex which is a biological
concept. ~~Some~~ blurring this concept of
gender is a long pending assurance
that has gain much pace in last
few year. But realising this possibility
into reality requires multidimensional
approach to overcome the challenges
embedded historically, socially &
behaviourally, politically and almost
in all the aspects of human
life. Still the prospects are very
positive in the backdrop of women
coming to front seats in almost
all the sectors and taking the
responsibility to bring gender equality
a working reality.

Small
Paras

Good

Women have been subjected to this disparity since time immemorial. Since the time of early Rigveda the birth of girl child was never celebrated, though they were educated and allowed to participate in important political organisations like Sabha and Samitis. But with the advent of late vedic period women were disempowered and since then their status have deteriorated and gender equality completely lost its ground. *not completely*

The situations were no more different in medieval where the rulers like Raziyah Sultana was an exception and not norm. Till the modern time the condition of women were so degraded that they hardly left with any right and subjected to practices like sari, Johar, foeticide, infanticide,

Write about Privilege of Gender Equality in past times. However, equal rights were limited to elite & educated women only. → Avoid elaborating about Gender inequality or disparity. Note points related to Gender inequality or disparity can be considered as challenges about equality.

women empowerment
place
dunk
Brushing in India

⇒ Your content should reflect the positive scenario of Gender equality as topic

illiteracy, radar system, polygyny

the long subjugation has made

many women to accept gender

disparity as their fate and has

legitimised the notion in eyes

of men. Hence bringing back kind-

ling the concept gender equality

requires lot of effort to

change the behavioural aspect of

of both men and women

apart from behavioural
aspect, the other dimensions

that need to be worked upon
are aptly pointed out in the

Global Gender Gap Index developed

by World Economic Forum. The

index looks the status of

challenge

women in particularly four sectors
political participation, economic opportunities,
education, Health and

nutrition. And the report clearly highlights
the large ~~education~~ gap that still exist

not only in emerging economies
but also in developed countries.

This shows that we still need to
channelise the potentialities into
realities through collaborative
efforts at global, national as well
as regional level

Education which is the
foremost tool for empowerment of

tool has still not reached to
every single woman. Girl child

are still given preferences to
perform domestic chores and their

male counterparts are preferred
for education.

Challenge

Challenge

On the very similar lines
the health and nutrition are
also compromised in poor families.
which led to malnourishment
among women. Women are also
not made aware of hygiene in
particularly at the times of
menstrual cycle. But the
governments, and voluntary
organisation and individuals
like globally renowned ~~Mid~~
~~India~~ 2017 (project related
to hygiene during menstrual
cycle) are taking the steps
in right direction to realise
the dream of gender equality
based on empowerment of women

Challenge

write
in
margin
→

Mention
these
steps
in
introduction

The other sector which requires lot of women is the political participation.

The low participation of women in political system can be witnessed by the statistics

that shows in India only 11% of women are present in lower house

of Parliament and 9% in upper house. Though the 33% reservation

of women at local government level ensures women participation but with the lack of knowledge and

skill they remain under the control of their male counterparts in families.

Thus the reservation for women alone cannot implement the idea of gender equality. It has

to be supported by empowering women with rightful economic opportunities and giving them

Challenge

their share in property holding.

Again a statistics from India

shows that women contributes 80%.

participation in agriculture but

holds less 10% of lands. This

very important issue that further

restricts the opportunities for women is

that they are subjected to

gender pay disparity, sexual

harassment at workplaces, often

denied the jobs on prospects of

pregnancy or need to compromise

with their social needs.

A report from International Labour

organisation (ILO) shows that

only 40% of women worldwide

receive the maternity benefit.

Challenges

Wife is
corner
stone

Further the absence of paternity leaves add to problem and strengthens the notion of gender disparity. Men and women are needed to share their responsibility among themselves on fair basis only then the promise of gender equality can be realised.

It is rightly said that a problem can only be addressed if it is rightly recognised. The most optimistic steps that brings equality to the future of gender disparity is the realisation of gender which needs to be eradicated. The campaigns like #MeToo, protest for

Nirbhaya gang rape, clearly reflects that people are ~~making~~ spreading awareness and men and women both have

decided to work towards the goal
of gender equality.

The conditions have turned
much better in comparison to past
as women at global level are occupying
the renowned positions in all spheres

be it political, economic, research
and development, legal, administrative.

So the only challenge is to empower

every single woman of this
world and expanding her horizon
to fulfil her aspirations in

widest possible way.

Essay should
have covered large part of
elaboration on
Gender equality. Your essay
reflects about challenges
to Gender
equality.

Essay Topic :

(2)

~~THERE IS ENOUGH FOR EVERYONE'S NEED BUT NOT FOR ANYONE'S GREED.~~

Nature truly works on the principle of sustainability and equatability. Our nature that supports a huge ecosystem aptly fulfills the need right from single celled microorganism to largest animals like whale. Yet the nature has degraded so much in recent past that it has endangered life on the earth. Realising this huge crisis which can potentially turn the living planet into a barren one, it clearly signifies that anthropogenic actions that has led to the growing risk of climate change and global warming.

The human quest for growth has led him inevitably to consume the limited resources of the

Also, Explain the meaning of given statement in the intro

Earn in most unsustainable
manner. Major times occupying
 the resources way beyond the
requirement hence compromising
needs of many other living
organisms. Thus threatening the
biodiversity at highest level
reported ever in history. The
 quote truly ~~is~~ reflects the idea
 that the greed of human has
compromised the quality of
life and environment.

The palaeolithic ages or at
 the advent of humanity when humans
 lived just like another animal. They
 were completely in harmony with
nature and nature's principle of
sustainability was working. But with
enlarge brain and blessing to communicate

empheral

man has ~~was~~ started asserting its
 hegemony, which reaches its destructive
 level ~~to~~ with the beginning of
 industrial revolution of 1750s.

since then the conditions have been
 degrading and reached to the levels
 of threatening the very existence of
 life on the planet. This shows

the greed for more ~~has caused~~
 in death of resources violating the
 principle of sustainability.

The ~~is~~ similar manifestation
 of the above mentioned quote can
 be compared with rising wealth inequality
 in all around the world. Wealth inequality

can be reflected by the fact of that
 top ~~is~~ ~~rich~~ persons has ~~is~~ ~~more~~

more than 40% of the accumulated
 wealth. ~~At~~ At the other hand here

are people dying because poverty &
hunger. Africa's Sahel region witnesses
the ~~most~~ utmost poverty and hunger.

Poverty and hunger are the biggest
challenges obstructing the opportunities.

The world at this level also
suffers with double burden of malnutrition
where overnutrition and undernutrition

both are problematic. This clearly

shows that the resources are very

limited if someone occupies more

than what he/she needs, it

will finally end up in compromising

someone's need and deprived many

of their legitimate share

The principle of everyone's

needs getting fulfilled in sustainable

is also reflected in tribal societies.

Tribal societies completely work in coordination with the nature. They act as reservoirs of nature thus nature fulfils their requirement

but are greed of humans have

also impacted the tribal societies

which are dwindling at the

very fast rate. The tribes are

example of tribes of Andaman region

which are decreasing in population.

With the advent of globalisation

and use of consumerism the greed of

is increasing day by day. But with

the rising inequality among the people

such that the a large section of

global world is denied of their

basic rights of clean air,

food, clean water. This

How
Explain
it
?

in this space

Do not write in this space

is the time when the old nature is also warning human beings with extreme events of natural disaster becoming more frequent. This is the high

time to start working in harmony with nature and to rely on the principle nature has enough

only for human's need and in no way can entertain human greed. The collaborative efforts

in terms of sustainable development goals to fight all problems

and issues present today is the need of hour. Burmer Paris climate summit bringing countries together

write in small paras

& to meet everybody's needs

to fight against environmental

enemy caused by anthropogenic

action must be realised in

letter as well as spirit if

we truly want to save our

living planet

The recent withdrawal

of US from summit weakens the

commitments at the global level.

www.triumphias.com

23 B 3rd Floor Pusa road behind dominos O.R.N Delhi- 60
www.triumphias.com f Essayforias info@triumphias.com
7840888102 8586861046

www.triumphias.com

Do not write
in this space

Do not write
in this space

www.triumphias.com

existence

Gender Equality

Turning Promises into Reality

Gender Equality
 women getting their legitimate share

- assurances to SDG 5 - gender equality
- possibility
- potentiality

temporal - ancient - few examples - (large women)
 medical - Regina (women)
 modern - Indira, Gul

sector - enter Politics, Econ, Adm, legis
 sports, education, social, Econ, Adm, legis

tools for turning promises into Reality
 see Biological Reports, Global Gender Gap Index

empowerment through Health & Nutrition
 education Participation (Political)

AC. enough for everyone's all citizen

need not everyone
 plant arithmetic whole planet
 new B. large share

enough - sufficient, enough
greed alternate change

- wealth inequality
- double burden of nutrition

Do not write in this space

(S)
(B)
(P)
(A)
(L)

www.triumphias.com

content is about challenges only
 No reflection of Gender Equality
 Do not write in this space

REMARKS : ESSAY-

	Excellent	Good	Satisfactory	Average	Poor
(i) Introduction	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
(ii) Temporal Illustration	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
(iii) Sectoral Elaboration	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
(iv) Content-Knowledge	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
(v) Contextual Justification	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
(vi) Paragraph Alignment	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
(vii) Conclusion	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
(viii) Visibility of Thesis-Statement	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
(ix) Visibility of Topic Sentence	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
(x) Novelty-Illustrations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
(xi) Language Competency	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
(xii) Legibility-Readability	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

turning into Reality

Overall Remark: Essay (1)

Intro - Satisfactory - Elaborate Gender Equality and its various dimensions in Intro. Also take dimension of Transgender in Gender Equality.

Temporal - Visible but needs to be contextualized in terms of Gender Equality
 ↓
 your temporal part reflect Gender disparity or inequality

Sectoral - Good but needs to be contextualized. Discuss about Gender Equality in various spheres - social, economic, cultural, relations, etc.

Content - Good but needs to be more contextualized. Explain with examples how Gender Equality is turning

Alignment - write in small para & add topic sentence at the end of each para
 ⇒ Legibility = Needs improvement, Conclusion = Needs improvement

to question related to Gender Equality - Also give your suggestions

→ danger

50

Do not write in this space

REMARKS : ESSAY-

	Excellent	Good	Satisfactory	Average	Poor
(i) Introduction	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
(ii) Temporal Illustration	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
(iii) Sectoral Elaboration	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
(iv) Content-Knowledge	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
(v) Contextual Justification	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
(vi) Paragraph Alignment	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
(vii) Conclusion	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
(viii) Visibility of Thesis-Statement	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
(ix) Visibility of Topic Sentence	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
(x) Novelty-Illustrations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
(xi) Language Competency	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
(xii) Legibility- Readability	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Overall Remark:- Essay-2

What needs to be done to meet everybody's needs & spread of International Initiatives in this regard.

Intro - Satisfactory but needs to more contextualized.
Temporal - visible
Sectoral - Average Add more contextual sectoral elaboration. Discuss other aspects of Need. Goed in different fields family, society, political sphere, economic sphere etc.
Content - Satisfactory to Average
 ↳ Elaboration needs to be more logical, comprehensive & contextual
 Add more contextual elaboration to explain there is enough for Needs but not for Good also
 discuss consequences of human need beyond Need.

Avoid about ending
 Conclusion = Avoid about ending
 ↳ should be contextual, concise and comprehensive
 ↳ Alignment - Reflect topic sentence in each

help scholar



Triumph IAS

An Institute for Civil Services Examination & Expert Guidance for IAS

Innovating Knowledge. Inspiring Success

**ADMISSION
OPEN**

Under Personal Guidance of

Vikash Ranjan

**Intake is
Strictly
Limited to
100/Batch**

COURSES OFFERED

SOCIOLOGY *for* IAS

ESSAY *for* IAS

**FOUNDATION
BATCH**
WITH ANSWER WRITING

**TEST
SERIES**

**FOUNDATION
BATCH**
WITH DAILY ANSWER WRITING

**TEST
SERIES**

Toppers with the Mentor - Vikash Ranjan Sir



KOYA SREE HARSHA IAS 2017



ABHILASHA ABHINAV IAS 2017



ABHISHEK KHANNA IAS 2017



AYUSH SINHA IAS 2017



ADITYAVIKRAM HIRANI IAS 2017



TEJAS N. PAWAR IAS 2017



ANSHUL SINGH IAS 2017



DEEPANSHU KHURANA IFS 2017

ONLINE CLASSES ALSO AVAILABLE AT www.triumphias.com
FOLLOW US ON : [triumphias/facebook.com](https://www.facebook.com/triumphias/)

150+ SELECTION
CSE - 2017

GS-TEST SERIES Mains MENTORSHIP PROGRAMME

**Prelims Success
Series**

**Mains Test
Series**

23-B, 3rd Floor Pusa Road, Metro
Pillar No. 115, Old Rajender Nagar,
New Delhi-110060



www.triumphias.com



[triumphias/facebook.com](https://www.facebook.com/triumphias/)



info@triumphias.com



7840888102



7678628820



8586861046